



2015 USATF REGION 6
JUNIOR OLYMPICS
Track & Field Championships
Middle Tennessee State University
Murfreesboro, Tennessee
JULY 9-12



- EVENT:** 2015 USATF Region VI
Junior Olympic Track & Field Championships
- WHEN:** July 9-12, 2015
- WHERE:** *Middle Tennessee State University Murfreesboro, Tennessee*
Facility Hammer Throw ES Rose Park 1000 Edgehill Ave Nashville, TN 37203
Thursday July 9 3:30 P.M.
- MEET ENTRY:** Each team will follow team entry information in this
Regional Meet Packet after their Association meet.
- ADMISSION:** \$6.00 per day, or \$10.00 for 2 day pass
\$ 3.00 Multi Events
- TIME:** Thursday, July 9, 2015 (Multi-events) • 11:00 a.m. until completion
Friday, July 10, 2015 (Multi-events) • 8:00 a.m. until completion Hammer Throw
Sat & Sun July 12-12 2015 Track Meet 8:00 a.m. until completion of schedule
- Meet Director:** Mary Birdwell/ Phil Myton
- ELIGIBILITY:** Each athlete must have a 2015 USATF Card and be ready to provide proof of birth. All
relay teams must be a member of a USATF Club in the Association in which it
qualified.
- ENTRY FEE:** \$6.00 per individual event
\$20.00 per Relay
\$12.00 Triathlon
\$14.00 Pentathlon
\$16.00 Heptathlon/Decathlon
- ENTRIES:** **Entries will be done online at CoachO.com and due by Monday July 6th 2015
Midnight CST with entry fee in order to be processed. Waivers will be
signed electronically. Please download a copy of your entries for proof if there are
mistakes on entries.**
- Packet Pick-Up:** Thursday, July 9, 2015 and Friday, July 10, 2015 at the Track/Multi Events until
10:00 a.m. to 8:00 p.m.



COACHES MEETING PRIOR TO THE FIRST EVENT IF NEEDED

AGE DIVISIONS USATF OLYMPIC 2015

DIVISIONS: There are six male and female divisions. Each athlete must participate in his/her own division in the meet. The year of birth will determine age division in which the athlete will compete. The age you are on December 31st in your birth year will determine the age group in which you compete.

| Division | Year of Birth |
|---------------|----------------|
| • 8 and Under | 2007 and Under |
| • 9-10 | 2006- 2005 |
| • 11-12 | 2004 - 2003 |
| • 13-14 | 2002 - 2001 |
| • 15-16 | 2000 - 1999 |
| • 17-18* | 1998 - 1996* |

Athletes who turn 19 after August 2, 2015 will be eligible to compete in 17-18 division

**2015 USATF REGION VI
JUNIOR OLYMPICS
Track & Field Championships
JULY 9-12
Middle Tennessee State
Murfreesboro, Tennessee**

**SPECIAL RULES OF COMPETITION FOR REGION VI USA TRACK AND FIELD
JUNIOR OLYMPIC CHAMPIONSHIPS MEET**

1. Competitors must compete in the proper division. An athlete determined to have competed in the wrong division shall be disqualified.
2. 8 and Under, 9-10, and 11-12 may compete in three (3) events including Relays. All other divisions may compete in four (4) events including Relays. **Athletes must be a member of a club to participate on a relay team.**
3. Proof of date of birth shall be required. The form of proof shall be a copy of Birth Certificate, Certified Baptism Record, Driver's License, United States government identification or passport. Your birth date should have been verified by association membership chair prior to the Association meet.
4. To reduce sheets of paperwork, it is recommended you e-mail proof of birth to your membership chair.
5. **Time schedules may change after entries are received. These changes will be sent to you via email and also provide at Packet Pick-UP. Please include email address, fax number, or cell phone in your entries so we can contact you if necessary.**
6. Only 1/4 inch pyramid spikes are allowed on the track.

CLUB ENTRY INFORMATION Region Meet

1. Each club **MUST** declare the athlete to participate who has qualified for the USTAF Region VI Junior Olympic Track & Field Championships on Coach O. **Top 8 (NO MOVE UPS)** in each event from each association meet will qualify to the regional championships. **Your Membership Chair should certify the birth at the Association Level prior to your Association meet.** All athletes entered in the meet for your club will be eligible to participate on a relay team in their age group. Waivers to the meet will be added for registration.
2. **Athletes finishing in the top 5 will advance to the National JO Meet. Jacksonville, Florida**

Declaration to the National JO Meet

After your association meet, the results will be sent to the regional coordinator. These results will be uploaded to Coach O and you will be notified when you can declare for the JO Region 6 Meet. Do not declare until it is opened. You will be notified by e-mail when you can make declarations. Top 5 from each event will advance to the JO National. You will declare and pay on line for all of the athletes who qualify and plan to attend the National JO Meet. Link for National meet will be provided at the region meet. All clubs and athletes in the region have 72 hours to declare to the national meet.

USATF Region 6 Jr. Olympic Track & Field Championships

Competition Information

Warm-up Area

A warm-up area will be available for athletes to use outside the track in field beside the track. ***Warm-ups will not be permitted on the Track or Infield.***

Implements

Implement Weigh In will be open each day for Implement Certification. Implements will be marked for verification daily. Meet Management will have implements available for use.

Spikes

The maximum spike length allowed for running events is $\frac{1}{4}$ pyramid (7.0 mm.). Javelin Shoes and Spikes permitted. Christmas tree spikes will not be permitted.

Starting Heights

The Starting heights for the high jump and the pole vault will be per Rule 302.5(0). Incremental increases will be 5cm in the high jump and 15cm in the pole vault.

Event Check-IN

There will be separate check-in areas for running and field events. Athletes must check in at the designated prior to the events' scheduled starting time. All athletes will be required to remain in the designated warm-up areas after check-in unless they have more than one event at that time. Arrangements should be made to get the athlete to both events within the proper time frame.

Protests

Protests relating to matters that developed during the conduct of the competition must be made to the referee at once and not later than 30 minutes after a result has been announced. This time period will be strictly enforced. There will be a cash submission fee of \$50.00 required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the 2014 USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted.

Medical Services

Medical services will be on-site at all times for participants. The medical facility will be limited to medical treatment of injuries and medical emergencies ONLY.

**USATF Region 6 Junior Olympic Track & Field Championships
Days 1 and 2
Combined Field Event Meet Schedule**

Combined Events (Day 1) Thursday July 9th 2015

| | | |
|------------|---|--------------------|
| 11:00 a.m. | Decathlon 100 Meter Dash Long Jump Shot Put High Jump 400 Meter Dash | (15-16 B, 17-18 B) |
| 11:30 a.m. | Heptathlon 100 Meter Hurdles High Jump Shot Put 200 Meter Dash | (15-16 G, 17-18 G) |

Combined Events (DAY 2) Friday July 10th 2015

| | | |
|------------|--|------------------------|
| 8:00 a.m. | Decathlon 110 Meter Hurdles Discus Throw Pole Vault Javelin Throw 1500 Meter Run | (15-16 B, 17-18B) |
| 9:30 a.m. | Pentathlon 80 Meter Hurdles/100 Meter Hurdles High Jump Shot Put Long Jump 800 Meter / 1500 Meter | (11-12 G-B, 13-14 G-B) |
| 10:30 a.m. | Heptathlon Long Jump Javelin Throw 800 Meter Run | (15-16 G, 17-18 G) |
| 12:30 p.m. | Triathlon Shot Put High Jump 400 Meter Dash, 200 Meter Dash | (9-10 G-B) |

3:30 P.M. HAMMER THROW 15-16 G-B, 17-18 G-B

8 and Under Girls / Boys

9-10 Girls / Boys

11-12 Girls / Boys

13-14 Girls / Boys

**USATF Region 6 Junior Olympic Track & Field Championships
Day 3 Running Event Schedule**

Saturday July 11th, 2015

Running Event Trials/Finals

| | | |
|-----------|-------------------------------|---------------------------------|
| 8:00 a.m. | 3000 Meter Run (Finals) | 11-12, 13-14, 15-16, 17-18 G-B |
| | 400 Meter Hurdles | 15-16, 17-18 M (36") |
| | 400 Meter Hurdles | 15-16, 17-18 W (30") |
| | 200 Meter Hurdles | 13-14 G-B (30") |
| | 3000 Meter Race Walk (Finals) | 13-14, 15-16, 17-18 G-B |
| | 400 Meter Dash | ALL AGE DIVISIONS |
| | 4x800 Meter Relay (Finals) | 11-12, 13-14, 15-16, 17-18 G-B |
| | 100 Meter Dash | ALL DIVISIONS |
| | 80 Meter Hurdles | 11-12 G-B (30") |
| | 100 Meter Hurdles | 13-14 G (30") |
| | 100 Meter Hurdles | 13-14 B, 15-16 G, 17-18 W (33") |
| | 110 Meter Hurdles | 15-16 B, 17-18 M (39") |
| | 200 Meter Dash | ALL DIVISIONS |

8 and Under Girls / Boys

11-12 Girls / Boys

15-16 Girls / Boys

9-10 Girls / Boys

13-14 Girls / Boys

17-18 Women / Men

**USATF Region 6 Junior Olympic Track & Field Championships
Day 4 Running Event Schedule**

Sunday, July 12th, 2015

Running Event Finals

| | | |
|-----------|-------------------------|--|
| 8:00 a.m. | 1500 Meter Run (Finals) | ALL DIVISIONS |
| | 400 Meter Hurdles | 15-16 B, 17-18 M (36") |
| | 400 Meter Hurdles | 15-16 G, 17-18 W (30") |
| | 200 Meter Hurdles | 13-14 G-B (30") |
| | 4x100 Meter Relay | ALL DIVISIONS Run as a Final NO PRELIMS |
| | 400 Meter Dash | ALL DIVISIONS |
| | 80 Meter Hurdles | 11-12 G, 11-12 B (30") |
| | 100 Meter Hurdles | 13-14 G (30") |
| | 100 Meter Hurdles | 13-14 B, 15-16 G, 17-18 W (33") |
| | 110 Meter Hurdles | 15-16 B, 17-18 M (39") |
| | 100 Meter Dash | ALL DIVISIONS |
| | 800 Meter Run | ALL DIVISIONS |
| | 1500 Meter Race Walk | 9-10 G, 9-10 B, 11-12 G, 11-12 B |
| | 200 Meter Dash | ALL DIVISIONS |
| | 2000 Steeplechase | 15-16 G, 15-16 B, 17-18 W 17-18 M |
| | 4x400 Meter Relay | ALL DIVISIONS |

8 and Under Girls / Boys

11-12 Girls / Boys

15-16 Girls / Boys

9-10 Girls / Boys

13-14 Girls / Boys

17-18 Women/Men

**USATF Region 6 Junior Olympic Track & Field Championships
Field Event Meet Schedule**

Field Event Finals Day 1 – Saturday, July 11th, 2015

| | | | | | |
|-------------------|---------------|------------------|-------------|-------------------|---------------|
| 8:00 a.m. | | 9:30 a.m. | | 11:00 a.m. | |
| Long Jump | 8 and Under B | Jump | 9-10 G | Long Jump | 11-12 B |
| Shot Put | 9-10 B | Shot Put | 11-12 G | Shot Put | 8 and Under G |
| Discus | 13-14 G | High Jump | 15-16 G | Discus | 15-16 G |
| Long Jump | 11-12 G | Discus | 15-16 B | High Jump | 13-14 B |
| High Jump | 15-16 B | Long Jump | 17-18 M | Long Jump | 17-18 W |
| Javelin | 8 and Under G | Javelin | 9-10 B | Javelin | 11-12 |
| G | | | | | |
| 12:30 p.m. | | 2:00 p.m. | | 3:30 p.m. | |
| Long Jump | 13-14 B | Long Jump | 15-16 B | Shot Put | 8 and Under B |
| Shot Put | 9-10 G | High Jump | 17-18 W | Discus | 17-18 W |
| Discus | 17-18 M | Discus | 13-14 B | Long Jump | 15-16 G |
| Long Jump | 13-14 G | Shot Put | 17-18 M | High Jump | 13-14 G |
| High Jump | 17-18 M | Javelin | 9-10 G | Javelin | 11-12 B |
| Javelin | 8 and Under B | Long Jump | 8 and Under | Long jump | 9-10 B |

Field Event Finals Day 2 – Sunday, July 12th, 2015

| | | | | | |
|---------------------------------|------------------------|---------------------------|---------|-------------------|---------|
| 8:00 a.m. | | 9:30 a.m. | | 11:00 a.m. | |
| High Jump | 9-10 G | High Jump | 9-10 B | High Jump | 11-12 B |
| Javelin | 13-14 B | Javelin | 17-18 M | Javelin | 13-14 G |
| Shot Put | 15-16 G | Shot Put | 17-18 W | Shot Put | 15-16 B |
| Discus | 11-12 G | Triple Jump | 13-14 G | Triple Jump | 15-16 G |
| Triple Jump | 15-16 B | Discus | 11-12 B | | |
| 8:30 a.m. | | | | | |
| Pole Vault | 13-14 G/15-16 G/17-18G | | | | |
| 11:30 a.m. | | | | | |
| Pole Vault | 13-14 B/15-16 B/17-18M | | | | |
| 12:30 p.m. | | 2:00 p.m. | | 3:30 p.m. | |
| High Jump | 11-12 G | Javelin | 15-16 G | Javelin | 15-16 B |
| Triple Jump | 13-14 B | Triple Jump | 17-18 W | Triple Jump | 17-18 M |
| Javelin | 17-18 W | Shot Put | 13-14 G | Shot Put | |
| 13-14 B | | | | | |
| Shot Put | 11-12 B | | | | |
| 8 and Under Girls / Boys | | 9-10 Girls / Boys | | | |
| 11-12 Girls / Boys | | 13-14 Girls / Boys | | | |
| 15-16 Girls / Boys | | 17-18 Women / Men | | | |

