

# MEET INFORMATION



USATF Southern Association Championships  
June 11, 2016

Pearl High School  
Pearl, Mississippi

**Meet Director:**

**Kathey Early**

**Email: [youth@southern.usatf.org](mailto:youth@southern.usatf.org)**

**504 481-1849**

## ENTRY INFORMATION AND INSTRUCTION

### Entry Procedure

1. All entries will be done electronically through [www.coacho.com](http://www.coacho.com). However, Masters are allowed to submit the registration form within this packet.
2. Entry Deadline is **June 8th at 10:00 pm Central Time**
3. Online registration open May 8, 2016
4. **Fees MUST be paid online by the close of registration.**
5. You may make changes as often as you wish until the entry deadline.

### Entry Fees

1. Entry fees are **\$8.00** per (youth) athlete and relays are free.
2. Open and Masters will be \$10.00 per athletes (relays free for OPEN and MASTERS)
3. Payment will be made online through [www.coacho.com](http://www.coacho.com)
4. Certified officials who come to work the meet, entry fee is **free** with Officials ID

### TEAM PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in front of stadium beginning 1 hour prior to the first event and will continue throughout the day.

### UNATTACHED PACKET PICKUP

Unattached athletes can pick up their packet at check in area identified in front of stadium beginning 1 hour prior to the first event and will continue throughout the day.

### MEET PACKETS

Packets will include heat sheets, time schedule, athlete, and coach's wrist bands and/or bib numbers if used.

### SPECTATORS

General Public Admission cost is **FREE** for USATF members Only.  
All others, Admission fee is \$5.00

### EVENTS BEING CONTESTED (\*\* represents events allowing Masters/Open participants)

3000m Run **	Shot Put **
1500m Run**	Triple Jump **
80m Hurdles **	Discus **
100m Hurdles **	High Jump **
110m Hurdles **	4x100 Relay**
100m Dash **	4x400 Relay**
400m Dash**	4x800Relay*
200m Dash**	
800m Run **	
300m/200m Hurdle**	
400m Hurdle **	
Race Walk**	
Steeplechase	
Long Jump**	
Pole Vault **	
Javelin **	

## Meet Schedule

### Running Event Finals

9:00 AM	<b>3000 Meter Run</b>	Masters, Open, 11 – 18 yrs
	<b>4x100 Meter Relay</b>	Masters, Open, All Youth Divisions
	<b>1500 Meter Race Walk</b>	Masters, Open, All Youth Divisions
	<b>400 Meter Hurdles (36’')</b>	Boys 15 – 18 yrs old, Masters men [30-39]
	<b>400 Meter Hurdles (33’')</b>	Masters Men [30-59]
	<b>400 Meter Hurdles (30’')</b>	Boys 15 – 18 yrs old, Masters women [30-49]
	<b>200 Meter Hurdles (30’')</b>	13 – 14 yrs
	<b>300 Meter Hurdles (30’')</b>	MM [60-69], MW [50-59]
	<b>300 Meter Hurdles (27’')</b>	MM [70-Up], MW [60-Up]
	<b>100 Meter Dash</b>	Masters, Open, All Youth Divisions
	<b>800 Meter Run</b>	Masters, Open, All Youth Divisions
	<b>3000 Meter Race Walk</b>	<b>Master, Open</b> 13 – 18 yrs old
	<b>400 Meter Dash</b>	Masters, Open, All Youth Divisions
	<b>1500 Meter Run</b>	Masters, Open, All Youth Divisions
	<b>110 Meter Hurdles (39’')</b>	Boys 15 – 18 yrs, Masters Men [30-49], Open Men
	<b>100 Meter Hurdles (36’')</b>	Masters Men [50-59]
	<b>100 Meter Hurdles (33’')</b>	Boys 13-14, Girls 15-18 yrs old, Masters Women [30-39], Open Women
	<b>100 Meter Hurdles (33’')</b>	Masters Men [60-69]
	<b>100 Meter Hurdles (30’')</b>	Girls 13-14 yrs old
	<b>80 Meter Hurdles (30’')</b>	11-12 yrs old
	<b>80 Meter Hurdles (30’')</b>	Masters Women [40-49]
	<b>80 Meter Hurdles (30’')</b>	Masters Women [50-59]
	<b>80 Meter Hurdles(30’')</b>	Masters Men [70-79]
	<b>80 Meter Hurdles (27’')</b>	Masters Men [80-UP]
	<b>2000m Steeplechase</b>	Masters, Open, All Youth Divisions
	<b>200 Meter Dash</b>	Masters, Open, All Youth Divisions
	<b>4x800 Meter Relay</b>	Masters, Open, All Youth Divisions
	<b>4x400 Meter Relay</b>	Masters, Open, All Youth Divisions

**All events will follow order stipulated. Masters will begin with the age group of the oldest competitor down to the Open division with Women before Men unless otherwise stipulated.**

**All running events will be finals with heats against times. If limited participants in respective age groups then meet director reserve the right to combine heats, however awards and scoring will be done based on age groups.**

## Field Event Finals (4 attempts)

<b>9:00 AM</b>	<b>Long Jump</b>	Masters, Open, All Youth Divisions
	<b>High Jump</b>	Masters, Open, 13 – 18 yrs old
	<b>Turbo Javelin</b>	8 and under – 12 yrs old
	<b>Discus</b>	Boys/Men: Masters, Open, 13 – 18 yrs old
	<b>Shot Put</b>	Girls/Women: Masters, Open, 7-18 yrs old
<b>11:30 AM</b>	<b>Javelin</b>	Masters, Open, 13-18 yrs old
	<b>Discus</b>	Girls/Women: Masters, Open, 13 – 18 yrs old
	<b>High Jump</b>	7-12 yrs old
	<b>Shot Put</b>	Boys/Men: Masters, Open, 7-18 yrs old
	<b>Triple Jump</b>	<i>Pit A</i> Masters, Open, 13-18 yrs old
<b>9:30 AM</b>	<b>Pole Vault</b>	Masters, Open, 13-18 yrs old

### Field Events will be contested as follows:

- **Each entry will have 4 attempts with exception of high jumps and pole vaults. Their competition rules apply.**
- **No Finals, event awards are based on top competitors in each age division.**
- **All events will follow order stipulated. Masters will begin with the age group of the oldest competitor down to the Open division with Women before Men unless otherwise stipulated.**

**PROTESTS:** There will be a \$50.00 dollar fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

## AGE GROUPS

<u>Age</u>	<u>Birth Year</u>	<u>Maximum Events</u>
8 & Under	2008 or earlier	3
9-10	2006-2007	3
11-12	2004-2005	3
13-14	2002-2003	4
15-16	2000 -2001	4
17-18	1998-1999	4
Open	19 – up	-
Master	30 – up	-

**\*\*\*athletes born in 1997 are also eligible if they do not turn 19 on or before 7-25-16**

**USATF Southern Association  
Track and Field Championships  
Saturday, June 11<sup>th</sup>, 2016**

Pearl High School  
Pearl, Mississippi

**Registration form**

Entry fees: \$10.00 per athlete for an unlimited number of events, Relays entries are free and can be done on site.

USATF cards are required and must be obtain prior to June 8<sup>th</sup>.

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age on 6/13/15 \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ USATF# \_\_\_\_\_

I hereby agree to release and discharge Southern Association of USATF, Pearl High School and any of their agents or representatives, the participants of said meet and anyone connected with the meet from liability resulting from any accident and/or injury that I may sustain while competing or participating in said track and field meet.

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Circle the events you want to enter and your best performance (if any) in the prior year:**

Discus _____	Pole Vault _____	3000M _____	4x100 Relay _____
Shot Put _____	3000 RW _____	1500M _____	4x400 Relay _____
Javelin _____	1500 RW _____	800M _____	4x800 Relay _____
Long Jump _____	80/100/110 HH _____	400M _____	
Triple Jump _____	300/400 IH _____	200M _____	
High Jump _____		100M _____	

**Make checks payable to USATF Southern**

**Mail entry to:**

USATF Southern Association  
Attn: Association Championship  
Post Office Box 4695  
Baton Rouge, LA 70821

**THIS FORM IS FOR MASTERS ATHLETES ONLY\*\*\*\***