



2016 USATF Southern Association Junior Olympic Track & Field Championships



Thursday - Sunday, June 23-26, 2016
Zachary High School – Zachary, Louisiana

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2008 +)
9 - 10 (born 2006-2007)
11 - 12 (born 2004-2005)
13 - 14 (born 2002-2003)
15 - 16 (born 2000-2001)
17 - 18 (born 1998-1999)
* athletes born in 1997 are also eligible if they do not turn 19 on or before 7/31/2016



Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2016 members of USATF in good standing.

Relay Teams: Only registered 2016 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

ENTRY PROCESS:

Individual Entries: \$6.00 per event
 Relay Entries: \$24.00 per relay team
 Decathlon/Heptathlon: \$16.00 per event
 Triathlon/Pentathlon: \$10 dollars per event



Club Administrators and Unattached Athletes should register online at www.athletic.net by **June 21st at 11:00PM CST. Late entries will not be allowed.** Online registration opens **6-1-16. Fees must be paid online by the close of registration. Only VISA and electronic check will be accepted.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting,

<http://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=271455>

Valid 2016 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received (via mail or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation.

Membership Chair: Earlett Buckley

Address: P.O. Box 4695 Baton Rouge, Louisiana

Fax: 504 394-3906

For questions, contact at: secretary@southern.usatf.org

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 10 individuals and relay teams in each event of each age division will advance to the USATF Region 6 Championships to be held on July 7-10th at LSU State University Baton Rouge, Louisiana. Advancement process to the USATF Region 6 Championships meet will be provided in meet packet and on www.usatfsouthern.org

The National Junior Olympic Championships will be held from Monday, July 25th to Sunday, July 31st in Sacramento, California. The top 5 athletes at the Region 6 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify.

Information is available at: <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

IMPLEMENT WEIGH-IN: All implements must be weighed in on the day of the event it is to be used. Please have it weighed 1 hour before the start of that event.

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$10.00. Bib numbers will be distributed to athletes and coaches with your packets. Packets can be picked up at the track. Signs will be posted with directions.

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Meet Schedule

Day 1

Thursday June 23, 2016

Multi Events Day 1

1:00 PM	Decathlon	15-16B, 17-18G
	100 Meter Dash	
	Long Jump	
	Shot Put	
	High Jump	
	400 Meter Dash	
1:30 PM	Heptathlon	15-16G, 17-18G
	100 Meter Hurdles	
	High Jump	
	Shot Put	
	200 Meter Dash	

Day 2

Friday June 24, 2016

Multi Events Day 2

8:00 AM	Decathlon	15-16B, 17-18B
	110 Meter Hurdles	
	Discus Throw	
	Pole Vault	
	Javelin Throw	
	1500 Meter Run	
9:00 AM	Pentathlon	11-12G, 11-12B, 13-14G, 13-14B
	80 Meter Hurdles / 100 Meter Hurdles	
	High Jump	
	Shot Put	
	Long Jump	
	800 Meter / 1500 Meter	
9:30 AM	Heptathlon	15-16G, 17-18G
	Long Jump	
	Javelin Throw	
	800 Meter Run	
11:00 AM	Triathlon	9-10G, 9-10B
	Shot Put	
	High Jump	
	400 Meter Run	
4:00 PM	2000 Meter Steeplechase	15-16G, 15-16B, 17-18G, 17-18B

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Meet Schedule Saturday June 25, 2016

Running Events

9:00 AM	3000 Meter Run	Ages 11 thru 18	F
11:00 AM	400 Meter Hurdles	Age 15 thru 18	P
	200 Meter Hurdles	Age 13-14	P
	4 X 100 Meter Relay	All Ages	F
	1500 Meter Race Walk	Age 9 thru 12	F
	400 Meter Dash	All Ages	P
	100 Meter Dash	All Ages	P
	110 Meter Hurdles	Boys: Age 15 thru 18	P
	100 Meter Hurdles	Girls: Age 13 thru 18; Boy 13 & 14	P
	80 Meter Hurdles	Age 11 & 12	P
	200 Meter Dash	All Ages	P
	4 X 800 Meter Relay	Age 13 thru 18	F

Field Events (All Events are finals)

8:00 AM	Long Jump	Pit A	Boys: Age 11 thru 18 (Oldest to youngest)
	Long Jump	Pit B	Girls: Age 11 thru 18 (Oldest to youngest)
	Shot Put	Ring A	Boys: Age 7 thru 18 (Youngest to oldest) Girls: Age 7 thru 18 (Youngest to oldest)
11:00 AM	Javelin		Age 13 thru 18 Age (Youngest to oldest)
	Turbo to follow Javelin		9 thru 12 (Youngest to oldest)

F=Finals; P=Preliminary with Top 8 advancing to finals

ALL EVENTS MAY RUN 30-45 MINUTES EARLY (PLEASE CHECK IN ON FIRST CALL). WE WILL USE A ROLLING SCHEDULE

USATF Southern Association Junior Olympic Track & Field Championships

Meet Schedule Sunday June 26, 2016

Running Events (ALL EVENTS ARE FINALS)

9:00AM	3000 Meter Race Walk	Age 13 thru 18
	400 Meter Hurdles	Age 15 thru 18
	200 Meter Hurdles	Age 13 & 14
	1500 Meter Run	All Ages
	400 Meter Dash	All Ages
	110 Meter Hurdles	Boys: Age 15 thru 18
	100 Meter Hurdles	Girls: Age 13 thru 18, Boy 13 & 14
	80 Meter Hurdles	Age 11 & 12
	100 Meter Dash	All Ages
	800 Meter Run	All Ages
	200 Meter Dash	All Ages
	4 X 400 Meter Relay	All Ages

Field Events

8:00 AM	High Jump (Pit A)	Boys: All Ages
	High Jump (Pit B)	Girls: All Ages
	Triple Jump (Pit A)	Age: 13 thru 18 (Oldest to Youngest)
	Long Jump (Pit B)	Age: 10 and Under (Oldest to Youngest)
10:00 AM	Discus (A)	Ages 11 thru 18 (Youngest to Oldest) GIRLS FIRST THEN BOYS TO FOLLOW
10:00 AM	Pole Vault	Girls: 13 thru 18 (Youngest to oldest) Boys: 13 thru 18
	Hammer (Immediately Following Discus)	Age 15 thru 18

F=Finals P=Preliminary with Top 8 advancing to finals;

ALL EVENTS MAY RUN 30-45 MINUTES EARLY (PLEASE CHECK IN ON FIRST CALL). WE WILL USE A ROLLING SCHEDULE

EVENT RESULTS: During competition, event results will be posted at the facility). In addition, event results will be posted at www.usatfsouthern.org.

PROTESTS: There will be a **\$50.00** fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

GATE ADMISSION FEES: FREE for all USATF members.

Per Day Cost: \$3.00 Kids under 3 and \$10.00 per day for all others

Multi Day Pass: \$5.00 Kids under 3 and \$15.00 for all others

Advance ticket: \$10.00 or Advance Multi day Pass.

Can be obtained before June 11, 2016. from any member of Greater King David Track Club. You can also call and place them on hold.

My cell number is 225-333-2481 (Roderick Newton)

PARKING: Near Stadium

CONTACT:

Name: Kathey Early – Youth Chair

Phone Number: 504 481-1849

E-mail: youth@southern.usatf.org

